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The diagnostic protocols and operatory sequences linked to the natural fluorescence of the teeth refer to the international scientific publications listed in the Bibliography.

SOPRO’s experience in the field of intra-oral video has been greatly enriched by input from dentists who, through their professionalism, have contributed to the development of new concepts.

But our special thanks go to each SOPRO user who shows faith in us, each time they choose one of our products.

Pierre Montillot
C.E.O. SOPRO ACTEON GROUP
<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Product overview</td>
<td>3</td>
</tr>
<tr>
<td>Introduction</td>
<td>4</td>
</tr>
<tr>
<td>Technology</td>
<td>5</td>
</tr>
<tr>
<td>1. Intra-oral video</td>
<td>6</td>
</tr>
<tr>
<td>2. The visual power of the camera compared to that of the eye</td>
<td>6</td>
</tr>
<tr>
<td>3. The fluorescence effect</td>
<td>9</td>
</tr>
<tr>
<td>Clinical Applications</td>
<td>11</td>
</tr>
<tr>
<td>1. Classification and managing the risk of caries</td>
<td>12</td>
</tr>
<tr>
<td>2. Methods for diagnosing carious lesions</td>
<td>13</td>
</tr>
<tr>
<td>3. Monitoring during the treatment of carious lesions</td>
<td>15</td>
</tr>
<tr>
<td>The Product</td>
<td>17</td>
</tr>
<tr>
<td>1. SOPROLIFE and its accessory</td>
<td>18</td>
</tr>
<tr>
<td>Decisional diagrams and clinical sequences</td>
<td>19</td>
</tr>
<tr>
<td>1. Amelar lesion stage [0]</td>
<td>20</td>
</tr>
<tr>
<td>2. Amelar lesion stage [0 - 1]</td>
<td>24</td>
</tr>
<tr>
<td>3. Carious activity</td>
<td>29</td>
</tr>
<tr>
<td>4. Dentinal lesion stage [1 ; 2 et &gt; 2]</td>
<td>32</td>
</tr>
<tr>
<td>Bibliography</td>
<td>42</td>
</tr>
</tbody>
</table>
Product overview

A unique view
An anatomical view of the tooth as a native fluorescent image facilitates assessment of the condition of the tissue under observation:
- image enlargement up to 100-fold
- reproducible chromatic magnification of endogenous fluorescence only, without the use of pseudo-colour imaging software
- unmatched resolution in fluorescent imagery

A clinical instrument
SOPROLIFE enhances effectiveness and efficiency, in that it facilitates the process of assessing the risk of caries by highlighting the level of activity in risk-prone areas.
Because it can be adapted to the most complex of clinical situations, it enables the practitioner to quickly adjust his treatment options.
Remarkable precision in diagnosing damaged areas:
In mode I, the Diagnosis mode, SOPROLIFE makes it possible to detect damage at various clinical stages, without loss of consistency and in very high resolution.
By means of a transparency effect, in fluorescence mode II, Treatment, it enables actual spatial mapping of unbroken tissue areas which are suspect.

Continuous use
The use of LIFE.D.T. (Light-Induced Fluorescence Evaluator Diagnosis-Treatment) protocol makes SOPROLIFE an indispensable tool in general practice.
- Diagnosis/follow-up: fluorescence mode I for diagnostic support and personalised patient follow-up.
- Treatment: fluorescence mode II for discriminating between healthy and damaged tissue during preparation.
- Observation/motive: Daylight camera mode.
SOPROLIFE: an effective and versatile real-time tissue differentiation device, for preserving dental structures and speeding up the daily diagnostic procedures employed by dentists.
Introduction

As part of the diagnostic process in odontology, clinical examinations rely on visual information and tactile sensation obtained with the aid of a mirror and a probe, methods which are limited in terms of reliability, not to mention traumatic.

Non-invasive diagnostic support devices have appeared on the scene within recent years. These operate using the laws of transillumination, laser radiation and differential quantitative measurement of fluorescence or electric impedance.

However, they offer limited scope for detection and their usage restrictions make it difficult to integrate them into a daily dental practice.

Serious consideration of the needs of the restorative dentistry practitioner, combined with SOPRO’s established expertise in surgical and dental imagery, has made it possible to develop SOPROLIFE, a fluorescence imaging system based on technological efficiency, and unmatched to date. By making use of the autofluorescence of dentine, SOPROLIFE becomes an indispensable aid for the practitioner preferring minimally invasive dentistry.

In its three operating modes (Diagnosis, Treatment, Daylight), SOPROLIFE is used “live” as it is free from ultraviolet or ionising radiation.

In mode I, Diagnosis, it provides the practitioner with information on the presence of damage and the risk of caries in a particular area. It also enables him to assess the risk of dental caries in his patient.

In mode II, Treatment, SOPROLIFE allows surgical monitoring to be carried out. It guides the dentist in making his preparations, supplements the information provided by the radiograph on the density and quality of the tissue, and supplies information on the history of caries in the damaged area (orientation and expansion). As a complementary tool to the radiograph, it is easily integrated into patient follow-up care, significantly altering the patient-therapist relationship, to the benefit of all concerned.

This clinical booklet proposes combining the effectiveness of the SOPROLIFE with the diagnostic protocols described in the literature. It exposes the practitioner to a new concept of dentistry, illustrated with stunning, previously unpublished photos.
1. The intra-oral video

As the core of the SOPRO industry, the intra-oral video combines several areas of skill: optics, electronics and signal processing, as well as micro-engineering.

An area illuminated by optical methods such LED is captured by an image sensor (of the CCD or CMOS type), electronically processed by specific circuits and routed towards display and storage peripherals.

Fluorescence imaging for diagnostic purposes requires a very high image quality. The technology developed by SOPRO for achieving this high level of quality is the result of very substantial experimental work, supported by several international patents.

This technology uses native autofluorescence and eliminates the need for software interfaces employing pseudo-colours, which are liable to approximative interpretations.

2. The visual power of the camera compared to that of the eye

The human eye makes us aware of our environment by interpreting the luminous flux which enters it.

The retina, a layer of cells covering the eyeball, is composed of photosensitive cells, rods and cones. These photosensitive receptors convert the optical signal into sensory impulses, interpreted by the brain.

Rods, which are sensitive to low levels of light intensity, come into play for nocturnal vision. Their maximum spectral sensitivity is located in the blue-green region, at 507 nm. They maintain a fairly low level of sharpness and have a rather slow reaction rate.

Cones are responsible for the perception of colour, owing to their 3 pigments: their spectral sensitivity peaks at 450 nm for blues, 540 nm for greens and 610 nm for reds. Maximum intensity over the entire visible spectrum is set at 555 nm. They play a role in our daytime vision.

Under favourable lighting conditions, the eye is highly sensitive to colour variations. An eye
that sees accurately can perceive more than 16 million colours but is incapable of distinguishing more than 350,000. It must of necessity have a display screen contrast (of brightness, hue and saturation) in order to distinguish between two approximate colours on a given area.

In contrast, its perception of different degrees of luminance and chrominance is considerably weaker and depends on the contrast between the background and the perceived object.

A CCD camera encodes luminance and chrominance on two different channels. Depending on the technology used, it can perceive up to 1,024 distinct levels of luminance, where our human eye would be able to detect a maximum of 256 levels, and only provided the background contrast is high.

Fig 2: perception of the levels of vs background contrast: the difference in hue appears greater on the white background.

Fig 3: Illustration, using a play of contrasting luminosity and hues, of the eye’s ability to discern colours and variations of luminance
The word “Fluorescence” in gradated grey is invisible on an identical gradated background. The other two representations of “Fluorescence” in more contrastive degrees of grey, are visible due to luminance contrast. The inscription in blue shows the same luminance gradation as the background but is visible owing to the contrast of hue.

This is what makes it possible to achieve the technology embodied by the camera: highlighting contrasting variations of luminance and hue that the human eye alone would be unable to detect.

Fluorescence is a light emission that is produced when molecules existing in a normally stable...
3. The fluorescence effect

state (solid or liquid) are illuminated by a light source in the UV range (< 400 nm) or in the visible range (> 400 nm). Note that humans perceive visible light along a spectral band ranging from 380 nm to 720 nm.

a. Theory

The theory, illustrated by the diagram below, can be broken down into the following stages:

1. The photons (elementary light particles) provided by an external light source such as a laser or a lamp (with a narrow wavelength bandwidth) radiate along the tooth material/s (enamel and dentine).

2. The energy applied by the excitation source (LED camera) to the material (dentine) causes energy to increase in the material’s elementary particles, which then become very unstable.

3. In order to return to a stable state, they release their energy excess by emitting photons lower in energy than the excitation source and the higher wavelength (Stokes’ Law). This is the fluorescence effect.

b. Autofluorescence

![Diagram of fluorescence effect]

Fig. 5
Some molecules in the body give off fluorescence with light excitation as the only external stimulus. This is then known as autofluorescence or endogenous fluorescence, unlike induced or exogenous fluorescence which use exogenous fluorophores that can be systemically or topically administered.

This is the autofluorescence process employed by SOPROLIFE. It is based on the stimulation of endogenous fluorophores, which are present in dental tissue.

This non-invasive imaging can also be safely conducted and does not require exogenous fluorophores, which can be toxic and require strict regulation.
Clinical Applications
1. Classification and gestion of the carious risk

In 2006, the SISTA classification, for site/stage, based on the principles of tissular economy, of adherence and bio integration is presented. This classification defines the carious lesions per site and per evolutionary stage and introduces an initial stage (stage 0 - initiating lesion), requiring a non-invasive treatment.

<table>
<thead>
<tr>
<th>STAGE</th>
<th>SITE 1 occlusal</th>
<th>SITE 2 proximal</th>
<th>SITE 3 cervical</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 - No cavity</td>
<td>This initial stage of demineralization called « white spot » in literature, designs a reversible enamel infringement, without cavitation.</td>
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<tr>
<td>1 - Minimal cavity</td>
<td>This stage corresponds to a minimal cavitation of enamel surface, implying an infringement of the first dentine third.</td>
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<td>2 - Average cavity</td>
<td>This stage leads to a moderate loss of the structure of the tooth. The progression of the cavitation reaches the median dentine third.</td>
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<tr>
<td>3 - Widened cavity</td>
<td>The lesion widens to the inner third of the dentine to such extend that a cusp or an incisive edge is weakened. It requires a level of protection of the subsisting dentinal structure.</td>
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<tr>
<td>4 - Extensive cavity</td>
<td>An extensive decay, a phenomenon of erosion or a traumatism lead to the loss of the major part of the structure of the tooth. A cusp or an incisive edge is already lost or the radicular structure is implied on two adjacent surfaces or more.</td>
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</tbody>
</table>

Furthermore, the decay is a chronic pathological process that must be controlled on the duration. Hence, in 2007, Jenson, Featherstone and Coll. expose their clinical Protocol of gestion of the carious lesions, by evaluation of the individual carious risk. This principle, called CAMBRA (Caries Management by Risk Assessment), identifies four levels of carious risks on the patient from 6 years old to the adult age and the ad hoc therapeutics.

The SISTA classification and the CAMBRA protocol were integrated in the therapeutic concept of LIFE-D.T.
2. Methods of diagnosis of the carious lesions

a. Notions of sensitivity and of specificity

The sensitivity is defined as being the capacity of a system to detect an entity (person, tissue, etc...) presenting a given pathology.

The specificity is the capacity to correctly identify an entity presenting no pathology.

b. Carious risk

The carious risk is defined by a set of criteria (food behavior, hygiene, oral flora, saliva pH, socio-economical middle,) linked to the surrounding and the physiology of the patient. Its evaluation constitutes the first stage of diagnosis.

c. Clinical inspection

The aim of the visual diagnosis is to detect any opacity coloration or changing of translucidity with or without drying.

On clean teeth, the use of a mirror and of adapted magnifying devices, under good lighting conditions, optimize the visual inspection, but does not prevent the diagnosis to be subjective and constraint by the difficulty of access for certain sites and the lack of lighting in the posterior areas.

We can add that morphology and discolorations which can be observed in the pits and fissures are not systematically synonymous of decay.

d. Probing

According to the geometrical characteristics of the probe and of the anatomy of the pits and fissures, this method gives no reliable indication of the presence of a lesion on the considered area.

Moreover, the probing can be traumatic on an intact area of surface enamel but weakened in subsurface.

The probing can also carry bacteria from one site to another.

The carious diagnosis of the occlusal faces constitutes a challenge for the dentist and when there is no cavitation, the performances of the two methods previously described are generally weak.

Moreover, the decision of treatment selections and the decision making would be improved by the visual inspection through an intra-oral video camera.
e. Conventional radiography

The enamel and the dentine are high density masses.

This is the reason why, in occlusal (site 1), conventional radiography offers a low sensitivity for enamel lesions (45% alone and 49% combined with visual inspection), as shown the study led by Lussi\textsuperscript{12} in 1993, on the methods of detection of the caries of the pits and fissures without macroscopic cavitation. In revenge, the specificity of conventional radiography remains rather high (83\% to 90\% combined with visual inspection).

In proximal (site 2), radiography is actually the most performing diagnostic tool for the detection of the amelodentinal attacks on bitewing clichés. Its sensitivity ranges from 71 and 100\%. It depends of the localization of the suspected lesion (proximal, vestibular, palatine or lingual). Its specificity\textsuperscript{17} is between 99 and 100\%.

Consider also that radiography largely under evaluate the size of the lesions, in depth and in stage of evolution\textsuperscript{7,15}.

\begin{figure}
\centering
\includegraphics[width=\textwidth]{chart.png}
\caption{Comparison of the accuracy of different methods of diagnosis of the decays of the fissures}
\end{figure}
3. Monitoring during the treatment of carious lesions

a. Histology linked to the carious process

The mechanisms of defense of the tooth, directly linked to the odonblast cells responsible for the manufacture of dentine, start when an external aggression is detected.

These cells are directly located in the interface between the pulp and the dentine. Their extension inside the dentinar tubuli gives them an extreme sensitivity to detect an aggression.

They react in a more or less erratic way when an acid element appears beyond the barrier constituted by the enamel, or also when bacteria enter and reach the dentine and start the process of destruction of the mineralized tissues.

When the carious process is very active, the progression of a fulgurous carious lesion do not leave time for the odontoblasts to manufacture sclerotic dentine which aim is to isolate the pulp from the carious process (See. Carius activity p. 88). At worst, a restorative dentine or an atubular fibro dentine will be synthesized.

When the carious process is slower, the odontoblasts are able to manufacture this intra tubular, peripulpar and sclerotic dentine, often colored (brown) (See. Carius activity p 89).

b. Problem of the exaeresis of decayed tissues

Faced to the limits imposed by instrumentation and to the weak power of the eye, the dentist often has subjective selection criteria: the variations of colors and the toughness of residual dentinal tissues.

During a conservative care, the dentist mixing his preparation is always confronted to the dilemma that constituted the conservation (or not) of the dentine in the interface infected/affected, and the identification of the presence of tertiary dentine which he can keep.

The perenity of the restoration and hence the prognosis of the tooth depend upon the quality of the preparation, of the surgical treatment and of the realization of a functional and waterproof obturation.

c. Advantages of the fluorescence based technology

Up to now, the technologies using the phenomenon of fluorescence brought an advantage to the usual methods of diagnostics (starting caries) but they are lacking of sensitivity or of specificity, their limited capacity of exploration and their large constraint of use (compulsory cleaning, total obscurity, calibration, etc...).
The product
The product

1. SOPROLIFE and its accessories

1. SOPROLIFE hand-piece
2. SOPROLIFE intra-oral tip
3. Light shield
4. Hand-piece holder
5. Docking station
Decisional diagrams and clinical sequences

LIFE.DT Method
Light-Induced Fluorescence Evaluator
Diagnostic and Treatment

Diagrams and clinical sequences of images under fluorescence, presented thanks to the LIFE.D.T (Light-Induced Fluorescence Evaluator - Diagnostic and Treatment) protocol are the result of many months of research and collaboration with Pr H. Tassery (PU-PH. Head Professor- Marseilles Dental School - Université de la Méditerranée - Marseilles - France).

All along this booklet, the clinical situations the most often met in the practice of conservative odontology are explained with respect to published diagnostic protocols.
1. Amelar lesion stage [0]

a. Site 1: Pits and fissures
Anterior and posterior teeth, blind retro-coronal radiology (bitewing)

**Pre-requisite: mode I Diagnostic - no probe used**

- High carious risk
- Weak carious risk

**Anfractuous pits and fissures not too suspect** without cleaning

Careful cleaning of the pits and fissures (Sodium bicarbonate)

- Caution procedure:
  - Sealing with CVI or resin
  - Application of varnish NaF

- Varnish or sealing if and only if important crevice of the fissures or difficult access for hygiene purpose (CAMBRA protocol)

**Board n°1**

- Reminder at D + 3 to 4 months
- Recommendation: follow up of the CAMBRA protocol

- Reminder at D + 12 to 24 months
Amelar lesion stage [0] - Board n°1

Carious risk: weak

1. Under white light, an opacification of the enamel, of chalky complexion, hardly detectable with the mirror is displayed prominently on this 28. Pre-requisite: no probing.

2. Under blue light, sediment appears at the surface of the enamel. Grey white spots representing areas of demineralization appear on the edge of the distal and mesial fissures.

3. Radiography shows no lesion in the amelodental masses.

4. After cleaning, one can see that the underlying dentinal fluorescence, in acid green, is of normal aspect. But the presence of grayish areas of enamel demineralization is confirmed.

Visible to the eye.
Visible thanks to SOPROLIFE
Radiography cliché

Therapeutic decision
application of a fluoride varnish and hygiene recommendations.
Reminder at D + 12 to 24 months
Amelar lesion stage [0]

b. Site 1: stage [0] on the contours of an amalgam or of a composite

Observation in mode I Diagnostic

- Research of infiltration on the restoration contours made with amalgam or composite

  - The modification of the fluorescence is an alert (Demineralization of the contours, fall of luminosity)

    - No Alert

    - Cleaning with sodium bicarbonate

    - The alert is maintained

    - Disparition of the alert

    - Bitewing Diagnostic of confirmation

    - Reminder at D + 3 to 24 months according to the carious risk (CAMBRA protocol)

If the presence of a lesion is confirmed, Classical preparation and per-operative monitoring in mode II Treatment
Carious risk: weak

Under white light, this amalgam can be suspected of infiltration in its lingual side. The contact joints are rather irregular.

Under blue light, in mode I Diagnostic, the contours of the amalgam appear intact, independently from the metallic discolorations that mask the fluorescence. The radiography noticed no lesion.

**Therapeutic decision**

no intervention on this amalgam, apart from a possible re-sealing of the marginal edges.
2. Amelar lesion stage [0-1]

a. Site 1: occlusal, pits and fissures - Blind retro-coronary radiology (bitewing)

Pre-requisite: mode I Diagnostic - No probe used

Anfractuous fissures with suspicion of carious infiltration without cleaning

Presence of an alert signal: black or red

Cleaning of the pits and fissures (sodium bicarbonate)

Board n°3

Board n°4

Confirmation of the alert: Notable variation of the fluorescence by comparison with an adjacent area.
- Visible demineralization of the enamel (grey - white),
- A reaction of the dentine with an accentuation of the fluorescence (red orange-colored)

No alert: no notable variation of the fluorescence by comparison with one adjacent area.
- Apparently homogeneous tissues at the periphery of the pits and fissures.
- Lack of reactionnal underlying dentine.

Preparation at minima (micro drill, air abrasion ...)

No treatment or cautions advices if the carious risk is high

Storage of the cliché in mode I Diagnostic and reminder at D + 6 to 12 months according to the carious risk

Storage of the cliché in mode I Diagnostic and reminder at D + 6 to 24 months according to the carious risk
Carious risk: weak

Under white light, a very anfractuous pit appears in the central fissure.

The radiography shows no amelar lesion.

Under blue light, the complex architecture of the fissure and the pit appears. A modification of the fluorescence is focused in mode I Diagnostic on the edges and at the bottom of this fissure. It is detectable by a loss of luminosity of the dentinal fluorescence through the enamel compared to the healthy dentinal and amelar masses observed at the periphery. This phenomenon goes with a demineralization of the enamel at the surface and in the depths of this fissure.

After cleaning with sodium bicarbonate, the red orange colored dentinal fluorescence sets to focus in the fissure adjacent to the pit (on the left) and at the bottom of the mesial fissure constitute a real alert, requiring to operate at minima.

**Therapeutic decision**

- High carious risk for this fissure: sealing with resin or preparation at minima (micro drill, air abrasion ...), and obturation.
- Reminder at D + 3 to 24 months according to the carious risk.
Caries risk: weak

1. Under white light, the central fissure shows a light brown and rather suspects coloration.

2. In mode I Diagnostic, an alert appears in red-rose but no modification of the fluorescence of the underlying tissues appears. The luminosity of the contours of the fissure is similar to the one of the adjacent areas.

3. The radiography shows no amelar or dentinal lesion on this molar.

4. After cleaning, the red alert nearly completely disappeared. It was a sediment. There is no dentinal attack in this fissure and its architecture is simple. In revenge, an amelar demineralization is detected on the distal fissure.

**Therapeutic decision**

- Hygiene recommendations
- Preventive sealing (resin)
- Reminder at D+ 3 to 12 months according to the carious risk
Amelar lesion stage [0-1]

b. Site 2: Proximal areas with starting lesions or attack of the amelodentinal junction.
Standard gold bitewing.

Only and only if the hygiene is satisfactory:
Prioritary choice to keep the marginal crest

Pre-requisite: mode I Diagnostic - No probe used

- No cavitation
- Cavitation stage 1
  - Board n°5

Varnish is applied and hygiene recommendations

According to the competencies and available equipment:
- tunnel technic,
- slot technic,
Or, classical preparation

mode II Treatment

Monitoring of the exeresis used of the tissues, active or semi active lesion

Reminder at D + 6 to 12 months according to the carious risk (CAMBRA protocol)
Reminder at D + 3 to 6 months according to the carious risk (CAMBRA protocol)
Amelar lesion stage [0-1] - Board n°5

Carious risk: high, restorative therapeutic after reduction of the carious risk.

Under white light, the inspection of the occlusal side gives no hints on this molar (1). The radiography confirms the presence of an amelodentinal lesion of stage 1 (2). In mode I Diagnostic, a lateral vision would have informed of the presence of an attack by a contrast of luminosity, or at least a contrast of colors (underlying red orange colored shadow).

It is decided to treat this lesion with the SLOT method. Picture (3) shows the pre-preparation phase.

Under blue light, the cavity is opened and controlled in mode II Treatment (4). The infected and no conservable tissues are removed with the excavator (5, white light). The cavity is controlled again (6) in mode II.

After conditioning of the tissues, the obturation is done by injection (7) of ionomer glass (ex: Dentine Conditioner - GC Fuji II LC).

A post operatory radiography is done to control the obturation.
3. Carious activity

As explained in Chap. “Clinical”, the pulp owns defensive mechanism capable to generate cicatricial tissue and grouped under the name of tertiary dentine.

The tissular reactions, appropriate to each stage of evolution of the carious process, are expressed by variations of luminosity and tint.

These variations depends on the activity of the lesion and of time.

a. Classification of the tissular states

- Healthy dentine: very bright acid green
- Perception of the enamel backed with an healthy dentine: light green to blue according to the thickness of the enamel
- If quick processus:
  - Completely decayed infected dentine: green / black
  - Infected / affected Interface: bright red
  - Affected dentine (end of treatment): dark green (cf. picture 6 p 78)

At the end of the treatment, there can still be a red shadow at the bottom of the cavity, linked to a very hard tissue. This shadow represents the tertiary dentine and testifies of the answer of the pulp to the carious attack.

- If slow processus:
  - Completely decayed infected dentine: green / black
  - Infected / affected Interface: black red (cf. picture 2 p 79)
  - Affected dentine (end of treatment): red and dark green veil (cf. picture 4 p 79)

Let us note that in some cases, such as cares under amalgam, the usual tints are deeply modified by the tattooing of the salted out metallic ions.
Carious activity

b. Lesions ranked Stage 2 - 3 active

1. Under white light, this molar appears totally healthy, all the more if the observation is done with a mirror (1).

Under blue light, in mode I Diagnostic, the comparison of the mesial and distal marginal ridges immediately informs the dentist on the presence of a lesion of Stage 2 minimum (2).

2. Healthy enamel cusp, backed by a healthy dentinal structure non pathological.

Marginal ridge, backed by a unstructured dentine.

3. Fragment of demineralized enamel

Infected Dentine (green- black)

At the opening : view by transparency of the infected/affected interface in the case of an active lesion (on the left, the luminosity of the red remains rather high and homogeneous on the whole picture ; on the right, the luminosity of the green falls at the bottom of the cavity).

4. Conservable affected dentine (clinical sense)

Infected/Affected Interface (clinical sense)

Finalization with semi-active ultrasonic inserts(Excavus™ ACTEON) particularly on the walls to optimize the gluing.

5. Conservable tissues - End of the preparation

Control of the good positioning of the metallic matrix
Carious activity

c. Lesions ranked Stage 2 - 3 slowed

1. Under white light, in mode Daylight, nothing appears suspect apart from the transparency of the marginal ridge on the first proximal third of this molar.

2. Underlying healthy dentine, bright green
   Infected dentine (black-green) letting appear an underlying sclerotic dentine (red-black) testifying of a slow carious process.

3. Sclerotic dentine met at the bottom of the cavity in the infected/affected interface.

4. Sclerotic dentine, hard and conservable at the bottom of the cavity (red shadow), testifying of a slow carious process.

Therapeutic decision

At the end of the preparation, on a slow processus et contrarily to an active one, a hard and brown red sclerotic dentine constantly persists that it is not systematically necessary to totally remove.
4. Dentinal lesion stage [1 ; 2 et > 2]

a. Site 1: occlusal, pits and fissures
Anterior and posterior teeth, retro coronary radiology (bitewing) often blind.

---

**Pre-requisite: mode I Diagnostic - No probe used**

- Carious risk: high
- Carious risk: weak

**Infiltred fissures (ampular caries, hidden caries or cavitation)**
Alert in mode I Diagnostic

Cleaning of the fissure(s) (pulsed sodium bicarbonate)

Invasive restoration at minima (micro drill, air abrasion, ...)

**Mode II Treatment**

Monitoring of the exeresis of the tissues

Obturation
Reminder at D + 3 to 6 months according to the carious risk.

Obturation
Frequency of the visits according to the carious risk.

Boards n° 6, 7 and 8
Dentinal lesion stage \([1 \; 2 \text{ and } > 2]\) - Board n°6

Carious risk: moderate to high. Instituted Individual Dental Prophylaxis (IDP)\(^2\)

Under white light, this premolar shows a very suspect fissure (1). Under blue light, a variation of fluorescence appears around and in the fissure (2). The radiography shows no lesion in occlusal (3). Confronted to this alert, it is decided to clean the occlusal surface with sodium bicarbonate.

After cleaning (4), an alert is clearly confirmed in mode I Diagnostic. The lesion, ranked at stage 1, leads to realize a very light preparation at minima (5 and 6). The mode II Treatment allows focusing on a dentinal attack. The first step of the genesis of a sclerotic dentine is observed (6).

The mode II Treatment points out the infected/affected interface more obviously. It informs the dentist on the limits of exeresis of the decayed tissues while the clinical sense is kept (7). Restoration with fluid composite (8). New visit for control of the suspect adjacent areas (7).
Dentinal lesion stage [1 ; 2 and > 2] - Board n°7

Carious risk: moderate

Under white light, the mesial fissure appears suspect (1). In mode I Diagnostic, the alert is confirmed (2). It is decided to operate by opening with the micro drill and to control step by step (3).

Infected dentine seems to be located under the amelar interface. It is decided to prepare the amelodentinal tissues classically (4).

The mode II Treatment reveals the carious activity in bright red (active mode) (6) and a fragment of decayed dentine in dark green grey. Control of the final exeresis (7) and obturation (8). Option: cleaning with sodium bicarbonate, ozone sterilization and preventive sealing.
Dentinal lesion stage [1 ; 2 and > 2] - Board n°8

Carious risk: high

Under white light (1), a carious infiltration is visible on the main fissures of the tooth. In mode I Diagnostic before cleaning (2), the lesion is confirmed by a drastic variation of the fluorescence (from acid green to black). The radiography confirms the presence of a lesion of stage 1 (3).

After a light micro preparation (ex: air abrasion) the fissure appears in bright red (4). It is decided to realize a preparation with micro drill. The infected tissues are withdrawn to the infected/affected dentine interface (5). The dentist considers the anatomy of the tooth and masters the limit of the excavation. The restoration is done by sandwich technique: glass ionomer and composite.

The post operatory radiography confirms the lack of accuracy of the X-ray cliché. From a rough stage 1, the clinical reality gives a stage 3 - 4, once the treatment is over.

Obturation and restoration with fluid composite.
Dentinal lesion stage [1 ; 2 and > 2]

b. Site 2: the proximal areas - retro-coronary radiology (bitewing) Gold Standard in spite of an under-evaluation

Observation in Mode I diagnostic

- Marginal ridge appearing white/grey on a ± limited area.
- Rupture of homogeneity of color at the surface of the enamel: underlying loss of dentinal support.
- Underlying loss of integrity, visible thanks to the fall of luminosity in a ± limited area. Modification of the structure of the underlying dentine.
- Marginal ridge intact or not in surface.
- Light lowering of the luminosity in occlusal vision but entry point in proximal vision.
- High probability for an entry point close to the gum (very low) with presence of healthy dentine close to the amelodentinal junction.

Board n°9
Board n°10
Board n°11

Diagnostic bitewing given with a relative precision

Observation in Mode II: Pre-operatory monitoring

Classical preparation (Fall of the marginal ridge)

According to the skills and available equipment:
- tunnel technique,
- slot technique

Activity and histology of the lesion
Dentinal lesion stage [1 ; 2 and > 2] - Board n°9

Carious risk: high. Instituted Individual Dental Prophylaxis (IDP) ².

Under blue light, a grey-white limited area is pointed out (1). It constitutes a rupture of homogeneity of color compared to the two marginal ridges. The radiography confirms the presence of multiple lesions including the one studied (2). It is decided to make a classical preparation for this site 2 stage 2.

At the opening (3), the demineralized enamel is characterized in opaque grey-white. At the bottom of the cavity, the bright red color (4) testifies of the presence of an infected /affected interface. The lesion is rather active. The completely decayed tissues are wet and black-green. This cliché also shows by transparency the extension of the lesion in mesial under a bridge of healthy dentine. It is thus necessary to continue the exeresis with the excavator (5) until the obtention of an affected dentine of a green less luminous than the one of the healthy dentinal masses and of a dark red shadow testifying of the presence of tertiary dentine (sclerotic).

Once the preparation is finished (6), the dentist will check that the walls are free from demineralized tissues (7). The restoration is done with a micro hybrid nano charged composite (8).
Dentinal lesion stage [1 ; 2 and > 2] - Board n°10

Carious risk: high, in spite of an instituted individual dental prophylaxis

Under white light, the magnification allows to distinguish a lightly clear area (1). Under blue light, if you look at the amalgam located in proximal of the next teeth, an area appears (red circle) in a green less luminous than the one of the whole tooth. This area marks the beginning of the lack of the dental backing (2). The radiography confirms the presence of a lesion of site 2, class 2 minimum. It is decided to realize a classical preparation (3)

The exeresis of the demineralized tissues and of the infected dentine characterized by a humid green/black color is done (4). The brown red surface visible in mode II Treatment corresponds to a hard tertiary sclerotic dentine to be kept (5). The restoration is done with composite.
Dentinal lesion stage [1 ; 2 and > 2] - Board n°11

Carious risk: moderate to high

Under white light, the occlusal face of this molar does not appear very suspect except if we consider its light transparency and a misleading small point similar to a cavitation at the level of the proximal area (1).

In mode I Diagnostic, the occlusal vision puts forward a misleading red point because there is no cavitation. The luminosity of the two marginal ridges is not similar.

The radiography confirms the presence of a lesion of site 2, stage 1 to 2 (2).

It is decided to make a classical preparation. At the opening, the lack of fluorescence of the grey black tissues testifies of a slowed carious activity (3). The decayed tissues are removed until the obtention of a red brown and hard tertiary sclerotic dentine (4). The walls are clean and let appear a dark green affected dentine.

The restoration is done with micro-hybrid nano-charged composite (5).
Dentinal lesion stage [1 ; 2 and > 2] - Board n°12

Caries risk: moderate to high

In mode I Diagnostic, the presence of a partial fracture is noted on this old amalgam (1). An area of infiltration is revealed under macroscopic view (2). The radiography done after this positive control confirmed the presence of a caries renewal under the amalgam. It is decided to replace the amalgam (3).

In mode II Treatment, after removal of most part of the amalgam, the infiltrated black tissues, relatively hard, are progressively excavated (4). The lesion extends despite the presence of metallic oxides released by the amalgam (5). It can be identified at a site 1 stage 2 - 3. These metallic oxides hide the fluorescence of the affected dentine (persistence of the black at the bottom of the cavity). The fluorescence of the underlying affected dentine allows realizing the control of the operatory sequence. The tissues at the bottom of the cavity are extremely hard (6).

The restoration is done with composite (7).
The composite done during a first treatment was disturbing and painful

Under white light, as in mode I Diagnostic, the occlusal view informs only on the aspect of the composite (1 and 2). It is decided to remove this composite because of the sensitivity and of its non functional aspect (3). The underlying tissues have been unfiltered and renewal of the carious activity is well confirmed (3 and 4).

The exeresis of the infected tissues is controlled step by step in mode II Treatment. The walls are cleaned to guarantee a good waterproofing of the future restoration (5). At the bottom of both cavities, brown red sclerotic dentine is found (6).

Obturation (7).

The restoration is done by sandwich technique: glass-ionomer and composite.


