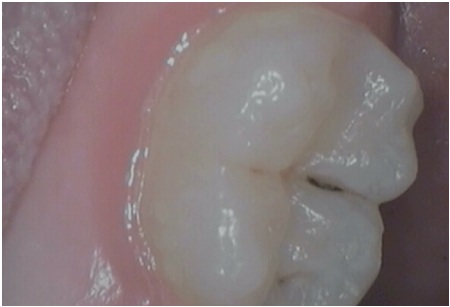
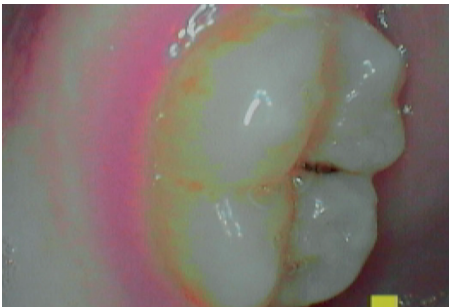


WHAT YOU SEE



WHAT YOUR DENTIST SEE



BOOK A PERIODONTAL CONSULTATION TODAY

and get the tools you need
to help with your oral
hygiene regime at home.

Ask your dentist if you have any
signs of periodontal disease and
what you can do to minimise the
risks of getting it.

PERIODONTAL DISEASE CAN AFFECT MORE THAN JUST YOUR TEETH AND GUMS

MENTAL HEALTH
HEART DISEASE
PNEUMONIA
DIABETES



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Who has Periodontal Disease?

More than 45% of all adults & 60% of over 65 year olds.

What is Periodontal Disease?

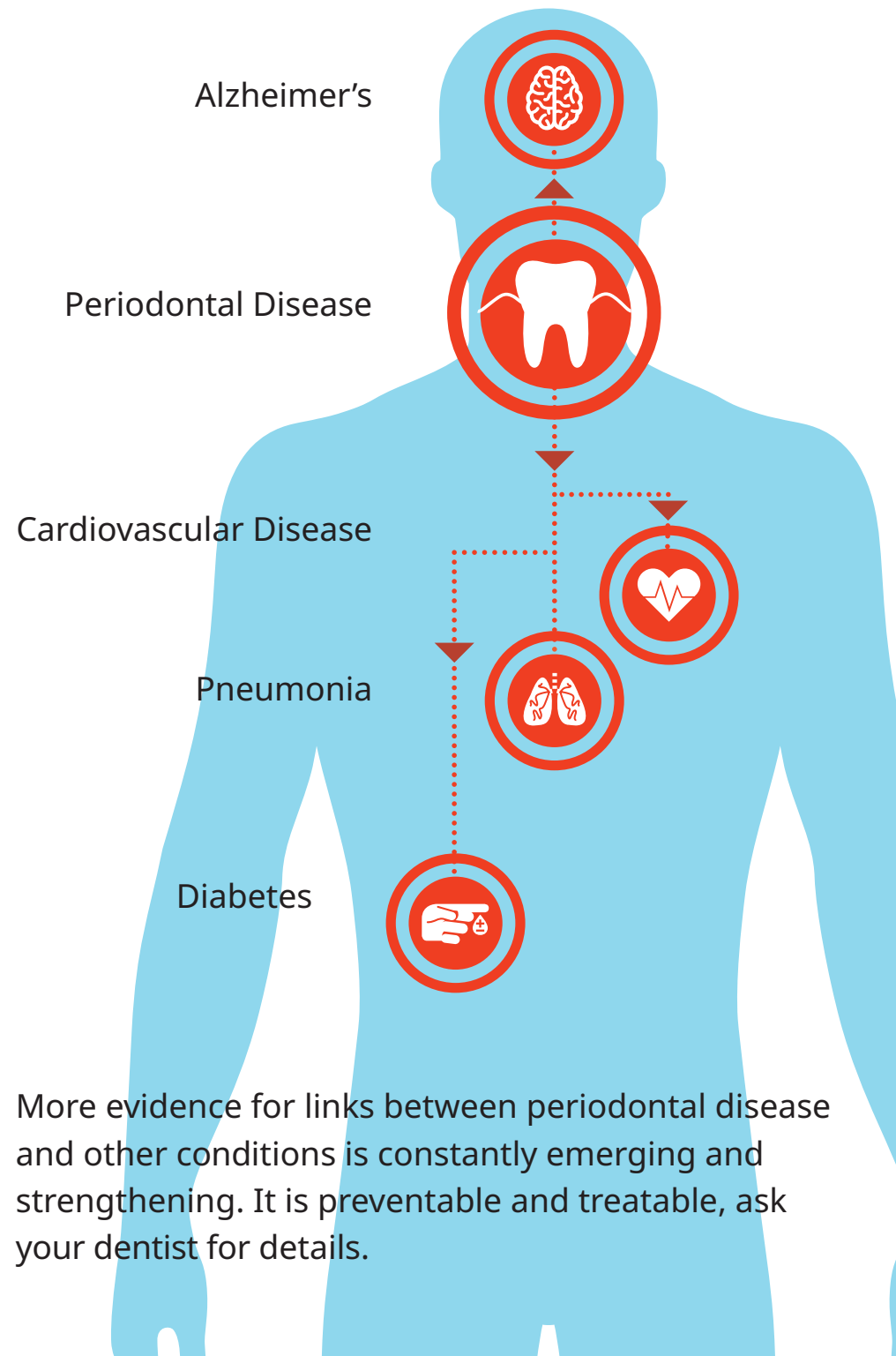
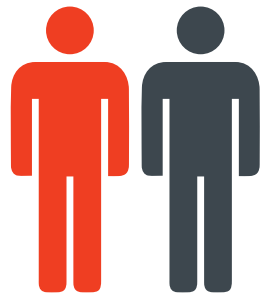
Periodontal disease is inflammation of the gums, caused by the presence of bacteria at the gum line. There are two basic types of gum disease, gingivitis and periodontitis. Gingivitis is reversible but if not prevented can lead to periodontitis which is more serious as it is irreversible and destroys the bone around the teeth.

Problems arise when bacteria are allowed to build up to form plaque around the base of the teeth. If this is left undisturbed through poor brushing technique, poor dental hygiene or in hard to reach areas then the body will respond with inflammation.

This can be seen as bleeding when brushing or eating and gums may appear red and swollen. Left untreated this can lead to gums receding to expose the roots of teeth and the teeth may fall out.

Effects on General Health

There is now evidence that the toxins and inflammation resulting from periodontal disease can also affect other parts of the body and influence other conditions. These include an increased risk of heart disease, an increased risk of diabetes and the possibility of complications during pregnancy.



More evidence for links between periodontal disease and other conditions is constantly emerging and strengthening. It is preventable and treatable, ask your dentist for details.